

# Did You Know? ..... Learn From the Expert!

## You Can Lose Stubborn Fat... New Hope For Your 'Love Handles', Pot Bellies, and Other 'Just Won't Go Away' Areas

Not a day goes by when over 80% of Americans look in the mirror and bemoan their shape. Pot belly... love handles... bat wing arms... saddlebag thighs... call it what you will but almost everyone seems to have an area of their body that they'd really like to do something about.

### Why Stubborn Fatty Areas?

Much of this has to do with how the body stores fat. We are genetically predisposed to carry fat in certain ways. These family genetics combined with aging, diet, hormonal changes and lifestyle 'set you up' for a lifetime of battling cellulite and body fat build up around your stomach, on your thighs, behind your knees, on your back...even on your eyelids. Fat 'knows' just where to go around your body to become a resistant annoyance to your body shape. And, these are the areas that drive people crazy.

### What Can You Do About Resistant Fat?

Proper diet and exercise are starting points and are always recommended for healthy bodies. But when you are still bothered by resistant fatty areas and want to lose inches, there are options for help. Liposuction is one way, but it is a surgical procedure and comes with the associated risks, downtime and expense. Fortunately, for those who don't feel up to going under the knife, there are now non-surgical alternatives for body contouring, called Elite-Lipo Dissolve™ and VelaShape™.

### Safe, Non-Surgical Treatments Attack Stubborn Fat

Elite-Lipo Dissolve™ is a 'targeted fat loss' treatment administered through a series of micro-injections which dissolve unwanted localized areas of fat giving the area a firm, better toned appearance. The lipodissolve procedure has been available in Europe for more than a decade and recently became widely available in the USA. The treatment requires *no surgical incisions*, but rather a series of micro-injections of a combination of FDA approved drugs to dissolve pockets of unwanted fat.

Individual fat cells absorb the solution, become slightly inflamed then swollen. Then over a period of about two weeks they are metabolized and then naturally filtered out of your body through urination. With multiple treatments the result is a smooth, natural look in the targeted area. The number of treatments required depends upon your unique body and your desired loss goals.

As your body naturally eliminates the broken down fat, results become apparent usually 4-7 weeks after the initial visit. Although individual results may vary, a patient can lose from one to three inches of fat from a targeted area.

### Lose Inches and Get A Smoother Looking Body

Another revolutionary body treatment, VelaShape™, reduces cellulite's appearance and the circumference on thighs, buttocks, arms, love handles and abdomen. Saggy post-baby bellies are also targeted.

VelaShape™ is an FDA approved procedure that uses radio frequency and infrared light to heat fatty tissue, while a vacuum and mechanical massage manipulate and smooth out the skin. Those treated describe it as feeling like a 'deep tissue massage'.

Recognized as a hot trend, VelaShape™ has been featured on many shows such as *The Rachel Ray Show*, *The Dr. Phil Show*, and *Keeping Up With The Kardashians*.

### Quick Treatments, Fast Results and No Downtime

Generally, the Elite Lipo Dissolve™ and the VelaShape™ procedures take only 45- 60 minutes to complete. They require no downtime. **You should be able to go about your normal day right after treatment.**

Nutritious eating patterns, regular exercise, healthy lifestyle choices, and adequate water intake are recommended for maximum results.

Whether it's stubborn fat or cellulite's dimples that you want to conquer, there's a program that's just right for you.

### BoDY Medspa in Oakbrook Is Excited To Offer These Breakthrough Procedures



Committed to offering only the safest, most-effective, proven anti-aging and aesthetic services, BoDY Medspa is excited to offer Elite-LipoDissolve™ and VelaShape™ to our clients. Our internationally recognized medical professional, Suzanne Yun (CC-RNP) and Liuda Puncevic (C-RN) have successfully treated over 1000 patients. They are so respected in aesthetic body contouring that

they have trained hundreds of other medical professionals. **This is important because results depend on the skill, knowledge and experience of the treatment provider and that's why BoDY's clients are so pleased with their treatments.**

"I'm a registered nurse and am always concerned about safety. After seeing the facility, meeting the staff and learning about treatments during my consult I was convinced BoDY knew what they were doing. I'm so pleased with my results and my experience at BoDY." *D.N., Clarendon Hills*

"I was really frustrated with my shape and wanted to do something. I knew of Liposuction but didn't want an invasive procedure. Plus, I couldn't manage the downtime. So, I investigated lipodissolve at BoDY and decided to have treatments. I'm glad I did... my results have been wonderful."

*T.K., Elmhurst*

Learn How You Can Improve Your Body Shape

**Lose Inches This Year!**

Call **630-586-9999**

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**Complimentary or RSVP To Attend  
Body Analysis or Elite-LipoDissolve™**

Any Body Contouring  
Treatment Package

Seminar  
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(Learn why Elite-LipoDissolve™ and VelaShape™ really work and how they can treat your cellulite and stubborn fatty areas. Discover the best solution for you).

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## Stubborn Fat and How To Beat It New Hope For Losing Your 'Love Handles', Pot Bellies, Jiggly Thighs, Double Chins and Other 'Just Won't Go Away' Areas

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